

# Personality Review Handout

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|------------------|---------------------------|--------------------------|
| a. Superego      | k. Abraham Maslow         | u. Ego                   |
| b. Oral          | l. Latency                | v. Alfred Adler          |
| c. Sigmund Freud | m. Id                     | w. Carl Rogers           |
| d. Behaviorism   | n. Acculturation          | x. Archetypes            |
| e. Trait         | o. Humanistic             | y. Raymond Cattell       |
| f. Repression    | p. Gordon Allport         | z. Socialization         |
| g. Erik Erikson  | q. Collective unconscious | aa. Self-esteem          |
| h. Self-concept  | r. super conscious        | bb. Denial               |
| i. Carl Jung     | s. Hans Eysenck           | CC. Observation Learning |
| j. Personality   | t. Social learning        |                          |

- \_\_\_\_\_ 1. The patterns of feelings, motives, and behavior that set people apart from one another.
- \_\_\_\_\_ 2. An aspect of personality that is considered to be reasonably stable.
- \_\_\_\_\_ 3. The psychologist who suggested that traits can be inherited and are fixed in the nervous system.
- \_\_\_\_\_ 4. The psychologist who identified 16 source traits that he believed gives rise to all human traits.
- \_\_\_\_\_ 5. The psychologist who proposed two personality dimensions: introversion-extroversion and stability- instability
- \_\_\_\_\_ 6. The psychologist who proposed the "inner conflict" approach to personality theory.
- \_\_\_\_\_ 7. According to Freud, the structure of the mind that demands instant gratification.
- \_\_\_\_\_ 8. According to Freud, the structure of the mind that demands morality.
- \_\_\_\_\_ 9. Defense mechanism that removes anxiety-causing ideas from conscious awareness by pushing them into the unconscious.
- \_\_\_\_\_ 10. Defense mechanisms in which a person refuses to accept the reality of anything that is bad
- \_\_\_\_\_ 11. According to Freud, the first stage of psychological development.
- \_\_\_\_\_ 12. The psychiatrist who proposed the idea of the collective unconscious

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- \_\_\_\_\_ 13. A store of human concepts shared by all people across all cultures
- \_\_\_\_\_ 14. Ideas and images of the accumulated experiences of all human beings
- \_\_\_\_\_ 15. The psychologist who believed that people are basically motivated by a need to overcome feelings of inferiority
- \_\_\_\_\_ 16. The psychologist who proposed an eight-stage theory of psychosocial development
- \_\_\_\_\_ 17. The personality theory that teaches that environmental forces shape people's behavior
- \_\_\_\_\_ 18. The use of reinforcers to influence people to perform socially desirable behaviors
- \_\_\_\_\_ 19. The personality theory that focuses on learning by observation and on the role of cognitive processes that produce individual differences
- \_\_\_\_\_ 20. The approach to personality development that maintains that people are free to make conscious choices and are responsible for their choices
- \_\_\_\_\_ 21. The psychologist who believed that people wish to reach their full potential but must follow individuals paths to do so
- \_\_\_\_\_ 22. A view of oneself and an individual
- \_\_\_\_\_ 23. The psychologist who developed the self theory, which asserts that people have a need for consistency between their self-concepts and their experiences
- \_\_\_\_\_ 24. The belief in oneself, of self respect
- \_\_\_\_\_ 25. The process of adapting to a new of different culture

name \_\_\_\_\_ date \_\_\_\_\_ period \_\_\_\_\_

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