

## History and Approaches of Psychology Chapter Study Guide

Complete the following study guide as you read the assigned pages for class. Do NOT copy word-for-word from the book. Answer in your OWN WORDS.

1. Emma is suffering from a fear of being around other people. Pick **TWO** perspectives of your choice, and explain how a psychologist from that perspective might explain Emma's fear.



2. What approaches did Edward Titchener and William James create? How are they different?



3. What was Sigmund Freud's contribution to the field of psychology? How are his theories viewed today?



4. Which psychological figure do you think played the most prominent role in helping psychology develop? Why?

5. What is the definition of psychology? What two fields/areas did psychology develop from?

6. How would what an evolutionary psychologist studies differ from what an industrial/organizational psychologist studies? Give an example of something each might be interested in.

7. The three big "debates" in psychology today are: nature vs. nurture, stability vs. change, and diversity vs. universality. Which side of the **nature vs. nurture issue** do you believe in and why?

